

GAP
PREVENT
my place for health





Welcome

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YOUR HEALTH IS OUR GOAL

GAP PREVENT is a medical prevention centre with specialists from every relevant medical discipline, such as internal medicine, urology, dermatology and more.

We take plenty of time for your holistic medical check-up in accordance with the current international guidelines and are committed to your individual and highly personalised care.

We will be pleased to advise you on relevant check-ups and possible procedures in a non-binding consultation.

Yours,

Dr. Sylvia Weingart Dr. Vincens Weingart





High standard

YOUR BENEFITS

Save time and effort: due to the concentration of medical specialities, there is no need to wait for appointments in several specialist practices anymore. And instead of sending you home with various medical findings, our holistic view enables us to give you ONE recommendation without any loss of data between different practices.

At the same time we attach great importance to scientifically sound medicine on a clinical level.

On site we hold available the most modern medical devices such as high resolution ultrasound diagnostics or HDTV picture quality, zoom and speciality light in endoscopy.

Combine health and pleasure: treat yourself to the amenities of the affiliated boutique hotel after your individual prevention program, for example by visiting the Panorama Spa.





RANGE OF SERVICES

INTERNAL MEDICINE

- + Detailed laboratory analytics
- + Cardiology: ECG, exercise-ECG, ultrasound of the heart & vessels, long term recording (ECG, blood pressure, sleep analysis, heart rate variability)
- + Gastroenterology: ultrasound of the abdominal organs, gastroscopy/colonoscopy
- + Lung function

UROLOGY

- + Ultrasound diagnostics
- + Cancer screening
- + Hormonal status

DERMATOLOGY

- + Skin cancer screening
- + Video-dermatoscopy

SPORT MEDICINE

- + Lactate performance diagnostics
- + Sportsorthopaedic examination

NUTRITION MEDICINE

- + Nutritional counselling & workshops



OUR SUGGESTIONS FOR YOUR CHECKUP

Prevention services need to be individually adjusted to risk profiles and personal desires. To help you get a better idea of reasonable examinations for different age groups, we have compiled several example packages.

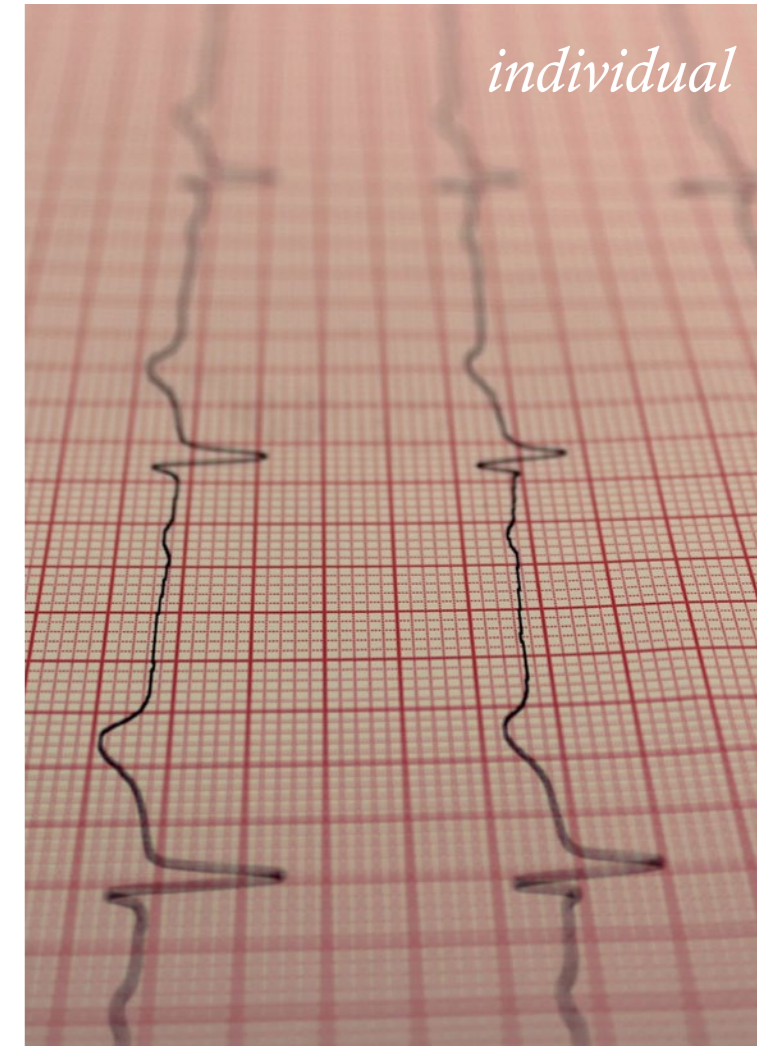
Of course you are also free to choose individual components of each package.

COSTS

Invoicing will take place in accordance with the medical fee schedule for physicians (GOÄ). The prices mentioned will be adapted to the individual examination effort and may vary slightly.

PROCEDURE

We will adjust the schedule to your requirements beforehand. Tight schedules of 1-3 days or a schedule integrated in a week of holiday can be offered.



1. CHECKUP BASIS

analysis of your state of health advisable from the age of 30 years. Duration: about 60 minutes

- + Detailed initial discussion with the physician
- + Determination of risk scores
- + Physical examination
- + BMI and Bio-impedance-measurement
- + Blood test (blood count, function of the kidneys and the liver, electrolytes, sugar/ fat metabolism, thyroid hormones, inflammation parameters)
- + resting ECG
- + Detailed final medical consultation and summary of recommendations
- + Detailed written report

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From € 293,-

2. CHECKUP ADVANCED

detailed check of your state of health advisable from the age of 35 years. Duration: about 100 minutes

Checkup BASIS, additional:

- + Detailed Blood test (blood count, function of the kidneys and the liver, electrolytes, sugar/ fat metabolism, thyroid hormones, inflammation parameters)
- + Cardiological check-up (exercise ECG, 24 hours blood pressure measurement, heart ultrasound, ultrasound of the carotid vessels)
- + Gastroenterological check-up (ultrasound of the abdominal organs)

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From € 886,-

3. CHECKUP PROFESSIONAL

complete internal checkup including colon cancer prevention advisable from the age of 45-50 years, no age limit. Duration: about 3 hours of examination

Checkup ADVANCED, additional:

- + lung function test
- + ultrasound of the thyroid gland
- + long term ECG (24 hours)
- + colonoscopy in twilight sleep

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From € 1.520,-

4. ATHLETE-CHECK-UP

*Safe work out and improvement of performance
Duration: about 2 hours in total*

- + Detailed initial discussion with the physician
- + Physical examination
- + BMI und Bio-impedance-measurement
- + Blood test (athlete profile)
- + Resting ECG
- + Heart ultrasound
- + Exercise ECG including lactate measurement on a bicycle ergometer or a treadmill and determination of the ideal training range depending on the aspired goal
- + Detailed final medical consultation and summary of recommendations
- + Detailed written report

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From € 458,-

5. CHECKUP 35+

Advisable between the ages of 35 and 50

Duration: 2.5 hours

Checkup ADVANCED, additional:

- + Dermatological check-up (skin cancer screening)
- + Telemedical service: Ophthalmological Examination regarding the retinal vessels, non-contact measurement of intraocular pressure

For men:

- + Urological check-up (urine test, ultrasound of the kidneys, the urinary bladder and the ureter); additionally for men; ultrasound of the prostate and the testicles [+ 75,12 Euros]

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Women: From € 1.168,-

Men: (including urological check): From € 1.620,-

6. CHECKUP 50+

Advisable from the age of 50, no age limit

Duration: about 4 hours of examination plus preparing your bowel for colonoscopy (half a day)

Checkup PROFESSIONAL, additional:

- + Dermatological check-up (skin cancer screening)
- + Telemedical service: Ophthalmological Examination regarding the retinal vessels, non-contact measurement of intraocular pressure

For men:

- + Urological check-up (urine test, ultrasound of the kidneys, the urinary bladder and the ureter); additionally for men; ultrasound of the prostate and the testicles [+ 75,12 Euros]

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Women: From € 1.801,-

Men: (including urological check): From € 2.250,-

My Place for Health



IN COOPERATION WITH



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